



MATCH DAY PROTOCOLS DURING COVID-19

Let us all work together to reduce the possible spread of Covid-19 ensuring our players continue to play the game they love this spring.

The following protocols are to be followed for all games to be played at all Ultimate Cup facilities and including Ultimate Cup leased facilities. These facilities include, but not limited to Ukrop Park, Stratton Park, Glover Park, United Training Center, and River City Sportsplex.

Game Day Safety

All players, coaches and staff members must perform a temperature check and conduct a health screening prior to attending any Ultimate Cup hosted games, related events, or activities. The temperature check and health screening can be performed by parents of minors and may be reinforced by a coach or staff member to look for signs of infection. This includes:

1. **Temperature Check** – all players, staff or family members with a temperature of 100.4 or greater are prohibited from attending any event.
2. **Health Screening** – The following are to be asked by a parent of a minor prior to attending any Ultimate Cup activities or events:
 - a. Is your current temperature 100.4F or greater?
 - b. Have you been diagnosed with COVID-19 within the last fourteen (14) days?
 - c. Have you exhibited any signs or symptoms of COVID-19 in the last fourteen (14) days?
 - d. Have you been in close contact (within 6 feet for at least 15 minutes) of anyone that has been diagnosed with or has symptoms of COVID-19 in the last fourteen (14) days?

If the answer to any of the above questions is “yes,” you are not allowed to attend any game, related event, or Ultimate Cup activities at any facility.

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General Tournament Procedures/Guidelines:

- Facemasks/Facecoverings:
 - Players are asked to wear masks to the fields and to wear masks on the substitutes bench. Players are not required to wear masks while warming-up or preparing to enter the field
 - Coaches are also asked to wear masks to the fields and in the bench area but can remove masks to give instruction while following social distance guidelines with players on the bench.
 - Parents can be on the sidelines (opposite of player benches) however they are asked to wear facemasks while on the sidelines and must follow social distancing recommendations on the sidelines as well.
 - Referees will also be asked to wear face coverings when not actually refereeing games.
- Social Distancing:
 - Players are asked to social distance themselves as much as possible. Prior to games, walking to and from game fields, while not actually in games, and after games.
 - There will be no player handshakes with opponents before or after games. Same applies to coaches.
 - Players should also refrain from handshakes, hugging or other social contact with their own teammates and coaches.
 - Players / Coaches are asked to refrain from sharing equipment including pennies and/or touching cones during warm-ups, etc.
 - Parents on the sidelines must follow social distance guidelines, keeping safe distances apart and limiting social contact even amongst your own team.
 - Parents are asked not to gather around fields until **10 minutes prior** to game time to allow previous game spectators to leave
- Hand sanitizer Use:
 - Hand sanitizer will be provided at most Ultimate Cup facilities in and around the fields including near bathroom (porta-john) areas; benches; and walking areas.
 - It is recommended, however that all players/coaches/club staff also bring their own hand sanitizer and use regularly.
- Additional Procedures:
 - Game Balls should be cleaned appropriately before each game and at halftime of each game by either the referees or home team.

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